

straightforward walk from the bustling centre of Downend to the outer suburbs of the Chase area, returning through the green, off-road paths of Leap Valley. Few problems underfoot, but avoid the Leap Valley section in icy weather as you need to descend a steep slope. Take care crossing side roads along Westerleigh Road.

- Turn left out of the car park at King Georges Field (A). Keep going along Westerleigh Road, passing Downend School and crossing Westbourne Road and Dibden Road.
- 2 Use pedestrian crossing opposite Blackhorse Road to cross Westerleigh Road. Turn left and continue along Westerleigh Road, crossing Blackhorse Road and Emersons Way.
- 3 Just past the Shell Garage, cross Westerleigh road at the pedestrian crossing, then turn right.
- 4 Join the Ring Road Cycle Track (marked by a bollard). Keep right, facing any oncoming cycle traffic.

5 Continue along the Cycle Track until you reach the next roundabout of the Ring Road. Bear left, passing the Willy Wicket pub. Cross Westerns Brake, Britannia Close and Blackhorse Lane.

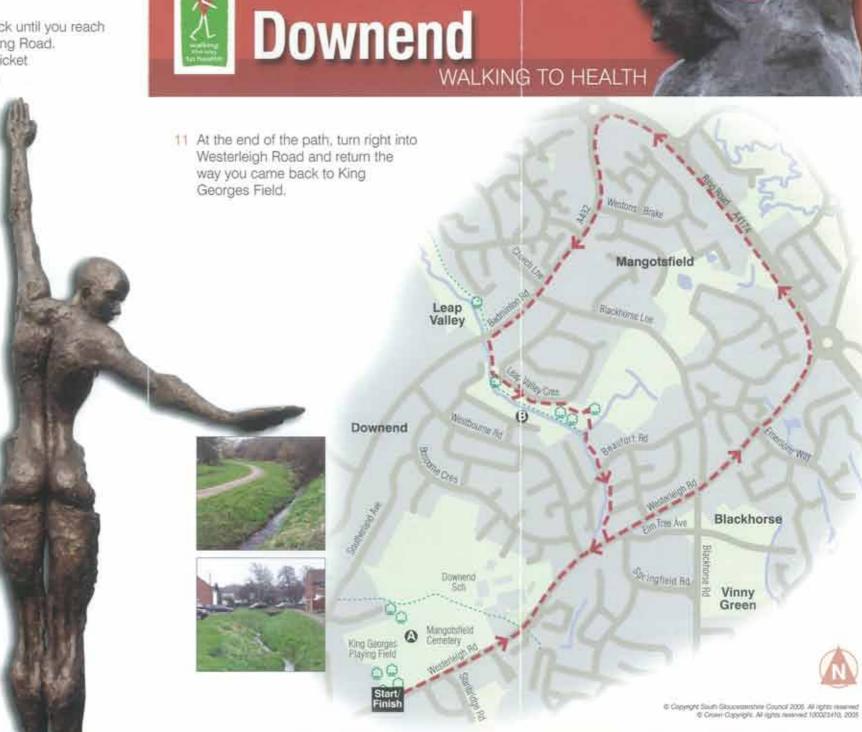
Walk to the left of the grassy area and just after turn left into a lane marked with a footpath sign with a bollard at the entrance. You are now in the Leap Valley (B).

7 After about 50 metres, bear left up a wooded path.

8 Emerge onto Leap Valley Crescent and keep going in the same direction.

9 Turn right at the sign 'Leap Valley Crescent Odd Nos 51-55'.

10 Go straight on down the path at the end of the Crescent and at the bottom turn right and cross the stream (stream on left).
Turn left and continue.
At the end cross over Beaufort Road and follow the path.
The stream should now be on your right.





Shorter Walk 1.5 miles

his walk combines off-road paths, quiet residential streets and the green space of King George's Field.

- From the Car Park take the right hand path around King George's Field (A). At the second corner go straight on and following a curving path adjacent to a play area on your right. The path curves to the left and then to the right to reach a motorcycle proof barrier.
- Emerge onto Sutherland Avenue and turn right. Keep going to the end of Sutherland Avenue. Turn right anto Boscombe Crescent, Keep going straight past the church on your right.
- 3 Turn right down Kimberley close shortly after the church. At the end of the Close, turn right down a lane, which starts as tarmac and then becomes grassy underfoot.
- Emerge onto Sutherland Avenue and turn left. Turn left again after about 100 metres, back down the path to reach the barrier and back into King Georges Field.
- 5 Turn right onto the tarmac path that runs round the field, and follow it back to the entrance.





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Points of Interest

A	King George's Field	An open space with good views of the surrounding architecture including an interesting building on Cleve Lodge Close.
В	Leap Valley	This quiet valley is home to badgers and many species of birds. The Friends of Leap Valley is a small conservation group set up in 1993 to protect this special area.
C	Downend	Downend started life as a hamlet within the parish of Mangotsfield and the ancient Kingswood Chase. Much of it was common land until an Act for its enclosure was passed in 1788/89. At this time Downend was home to wealthy business people and landowners such as the Cave family who owned a great dea of the area around Cleeve Hill.





WALKING TO HEALTH Downend WALKS START/FINISH POINT At King George's Field car park of Westerleigh Road, Downend. BUSES 5a, 533, 4 PARKING In St George's Field car park REFRESHMENTS In cafes and pubs in Downend shopping centre. TOILETS Turn right out of the car park, cross Cleeve Road and turn right again by the bus stop. South Gloucestershire

walk 2

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